

YMCA TRINITY GROUP



TRAIN THE TRAINER

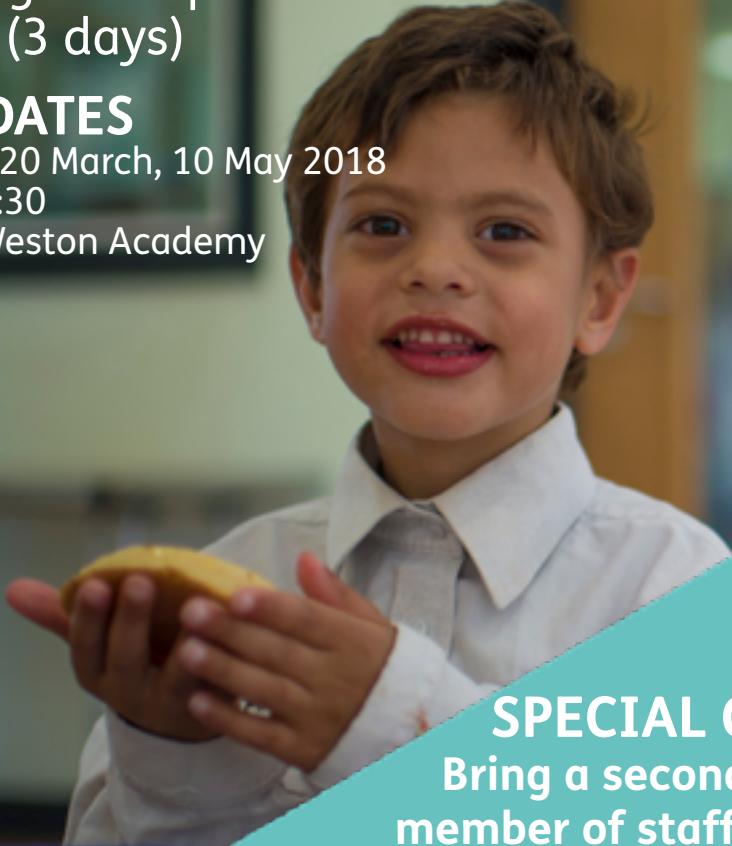
Working with Specialist Mental Health
Issues (3 days)

NEW DATES

1 March, 20 March, 10 May 2018

9:30 - 16:30

Brooke Weston Academy



SPECIAL OFFER
Bring a second staff
member of staff and get
50% off their place

YMCA has been supporting young people in the UK for over 150 years. During the last 30 years it has developed extensive expertise in positive mental wellbeing which builds on its world-leading physical health programmes.

To address the overwhelming tide of negative pressures impacting wellbeing in both pupils/students and teachers, YMCA has developed a series of Train The Trainer programmes to equip staff with the tools they need to help pupils, students and themselves.

Outcomes

- Learn about mental health, how trauma develops and how to support young people with specific needs
- Understand your roles and responsibilities in mental health provision and cascading the training
- Understand how to identify specific needs and risks in the wellbeing of children and young people
- Apply the knowledge to deliver up to 7 teacher awareness training modules in your school (including Building Resilience, Anxiety & Depression, Risk Taking Behaviour, Self-Harm, Substance Misuse, Body Confidence, and Sexual Health)
- Build confidence in cascading and sourcing further information
- Receive follow-up support, on-going updates, good practice sharing and further advice through the licensing arrangement - plus an understanding of how to access direct clinical interventions for those in most need.

Course Information

Dates and times	NEW DATES 1 March, 20 March, 10 May 2018 9:30 - 16:30
Venue	Brooke Weston Teaching School Alliance Coomb Road, Corby Northamptonshire NN18 8LA
Course cost:	£450 per person (+ VAT) (50% off additional places)
Licensing cost (per school):*	Banding Codes and Annual Licence Costs
Primary Schools	B1=£200; B2=£250; B3=£300; B4=£350
Secondary Schools	B5=£350; B6=£400; B7=£450; B8=£500
Additional Programme	Cost
Annual Refresher Training – 1 day (optional)	£150 per person (+ VAT)
Booking details:	Contact lisa.smith@ymcatrinity.org.uk for a booking form or call 01733 373187

* This enables you to deliver any of the 7 modules as many times as you wish to your school staff, using the presentations and notes provided

For more information about the programme, banding codes, and benefits [click here](#).

For more information about the content of each of the licensed modules [click here](#).

For more information about YMCA's direct interventions [click here](#).

www.ymcatrinity.org.uk

www.brookewestonteachingschool.org